



Drugs & Pregnancy

Don't use drugs and alcohol during pregnancy



MDFT.org/MDFR







Most moms and babies get tested for drugs and alcohol.

If you or your baby test positive for drugs or alcohol – indicating there are drugs in you or your baby’s systems – a new abuse report will be made to DCF.



You should know

- ✓ Marijuana can stay in your system for up to a month.
- ✓ Drinking alcohol during pregnancy – whether it’s beer, wine, or liquor – is especially dangerous for your baby. Even light drinking can lead to severe health problems, especially in the first 3 months of pregnancy.

Marijuana, alcohol, tobacco, and other drugs are harmful to your baby. Using these substances while pregnant or breastfeeding may cause:

-  Increased risk of illness & death
-  Birth defects
-  Learning problems, low IQ, problems in school
-  Brain damage
-  Vision and hearing problems
-  Hyperactivity

If you are using opioids (Heroin, Oxycontin, Vicodin, and others) when pregnant, do NOT stop on your own. Immediately seek help from a physician or substance abuse treatment program.

-  You may be put on Buprenorphine (Subutex) or Methadone by a physician.
-  Stopping opioid use on your own can kill your baby.