

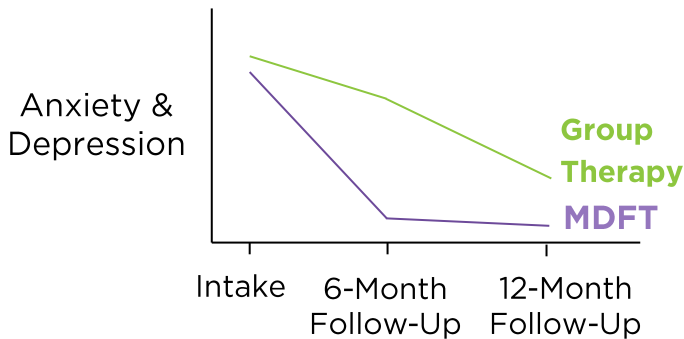


multidimensional
FAMILY THERAPY

MDFT OUTCOMES: MENTAL HEALTH

RESEARCH OUTCOMES

YOUNG ADOLESCENT STUDY

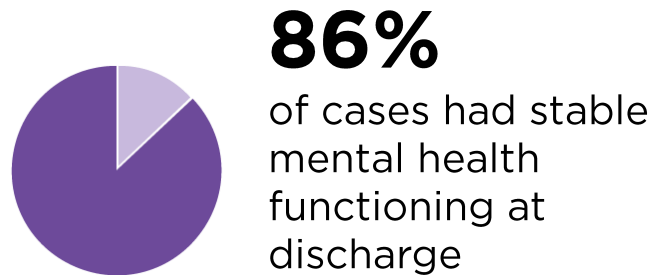


The Society of Clinical Child and Adolescent Psychology, a division of the APA, identifies MDFT as an effective child therapy.

The Finish Association for Mental Health describes MDFT as an “effective and flexible clinical approach for adolescents experiencing multiple problems.”



BETWEEN 2014 AND 2018, OF 6,655 MDFT CASES...



23%
IMPROVEMENT
In mental health functioning



41%
REDUCTION
of aggressive and violent behavior

IMPACT ON COMMUNITY HEALTHCARE PROVIDERS



MDFT cases seen at Riverside County, California in 2018 saw a **81% reduction in mental health-related emergencies.**

The state of Connecticut saw a **50% reduction in psychiatric hospitalization** among MDFT cases in 2013.

