

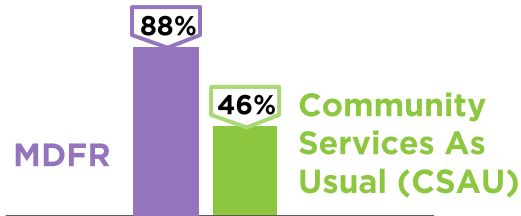


multidimensional  
FAMILY RECOVERY

# MDFR MULTIDIMENSIONAL FAMILY RECOVERY

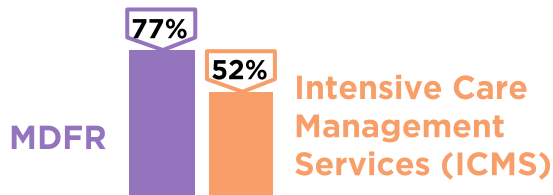
## RESEARCH OUTCOMES

### RCT STUDY 1



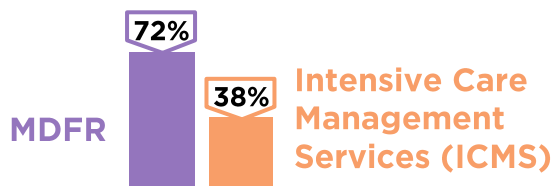
Moms who enrolled in substance abuse treatment

### RCT STUDY 2

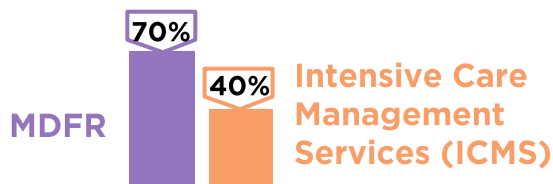


Mom with positive child welfare outcomes 18 mos. after baseline

### QED STUDY 1



Moms who graduated from drug court



Moms reunified with their children

## WHAT IS MULTIDIMENSIONAL FAMILY RECOVERY (MDFR)?

MDFR Family Recovery addresses the complex, multigenerational challenges facing families affected by parental substance use and child welfare system involvement. The approach is based on research suggesting that the best way to improve immediate and long-term outcomes for vulnerable children is to repair and strengthen the whole family.

MDFR is listed in the [California Evidence-Based Clearinghouse for Child Welfare \(CEBC\)](#) registry with a “Promising Research Evidence” rating in the areas of: Family Stabilization, Motivation and Engagement, and Reunification Programs.

## MDFR COUNSELORS WORK IN 6 DOMAINS:

Parenting as individuals
Children
Parenting/Co-parenting
Parental Intimate relationships
Family relationships
Community/basic needs

\*NOTE: MDFR was known previously as Engaging Moms/Parents Program (EMP and EPP).