



multidimensional
FAMILY THERAPY

MDFT OUTCOMES: CRIME & DELINQUENCY

**BETWEEN 2014 AND 2018,
OUT OF 6,655 MDFT CASES...**



80% rarely or never engaged in illegal activities at discharge
OF CASES

there was an average

48%
REDUCTION
in delinquency

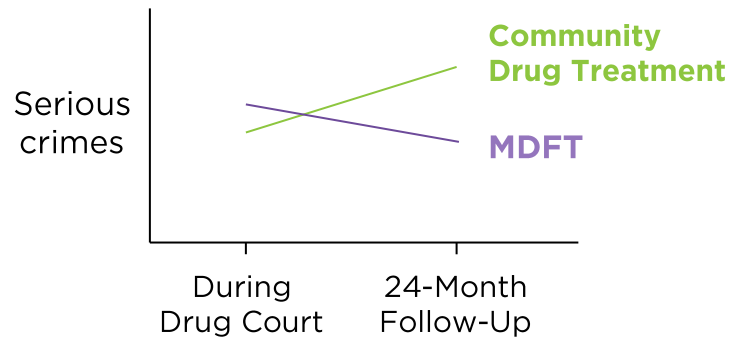


“ Multidimensional Family Therapy (MDFT) resulted in the greatest and most consistent improvements in adolescent substance abuse and associated behavior problems. ”

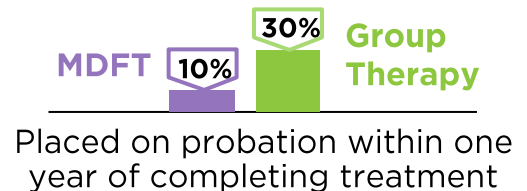
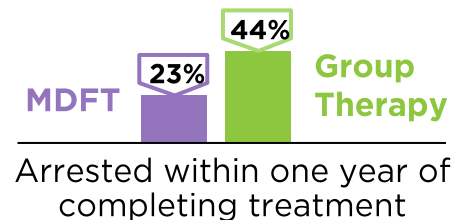
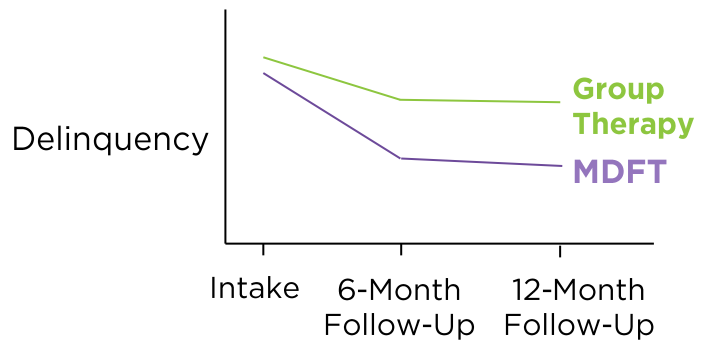
**CrimeSolutions.gov
Program Profile
National Institute of Justice**

RESEARCH OUTCOMES

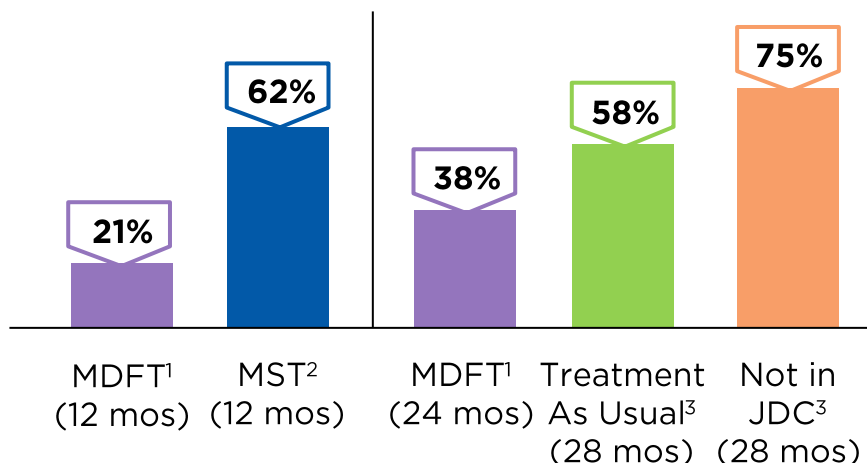
JUVENILE DRUG COURT STUDY



YOUNG ADOLESCENT STUDY



REARREST RATES ACROSS 3 JUVENILE DRUG COURT STUDIES



1. Dakof et al (2015). *Journal of Family Psychology*, 29(2), 232-241.
2. Henggeler et al (2006). *Journal of Consulting and Clinical Psychology*, 74, 42-54.
3. Shaffer et al (2008). *Drug Court Review*, 6, 33-66.



Gives MDFT the highest rating of **'EFFECTIVE'** across multiple studies



Rates MDFT a **'MODEL'** treatment



Gives MDFT the highest rating of **'WELL SUPPORTED BY RESEARCH EVIDENCE'**

MDFT STUDIES WITH JUVENILE JUSTICE-INVOLVED YOUTH (RCTs)

ALTERNATIVE TO RESIDENTIAL STUDY

Liddle et al. (2018). *Journal of Substance Abuse Treatment*, 90, 47-56.

JUVENILE DRUG COURT STUDY

Dakof et al (2015). *Journal of Family Psychology*, 29, 232-241.

EUROPEAN STUDY

Schaub et al (2014). *BMC Psychiatry*, 14, 26.

DETENTION TO COMMUNITY STUDY

Liddle et al (2011). *International Journal of Offender Therapy and Comparative Criminology*, 55, 587-604.

YOUNG ADOLESCENT STUDY

Liddle et al (2009). *Journal of Consulting and Clinical Psychology*, 77, 12-25.

PHILADELPHIA STUDY

Liddle et al (2008). *Addiction*, 103, 1660-1670.

CALIFORNIA STUDY

Liddle et al (2001). *American Journal of Drug and Alcohol Abuse*, 27(4), 651-688.