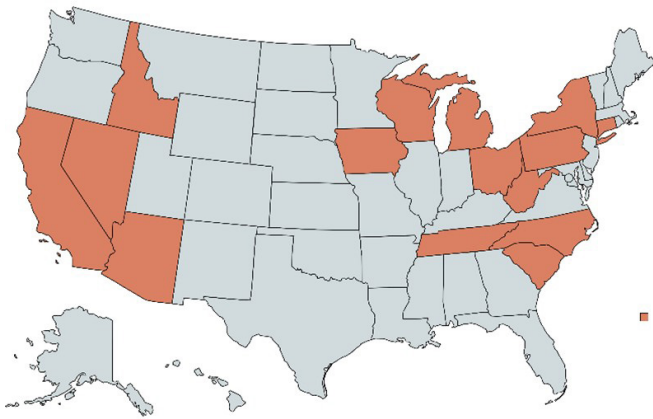


MultiDimensional
Family Therapy

MDFT in the United States: 2021 Year in Review



MDFT Outcomes: 2021



1707 Youth and families served

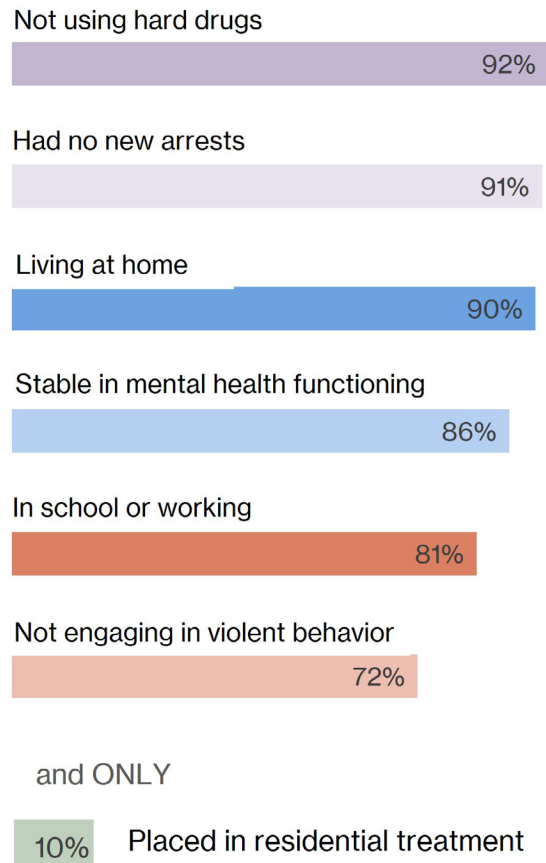
73 Licensed programs

15 States with MDFT services

319 MDFT Therapists

101 MDFT Supervisors

At discharge, MDFT Youth were...



Successful MDFT Engagement, Retention and Completion

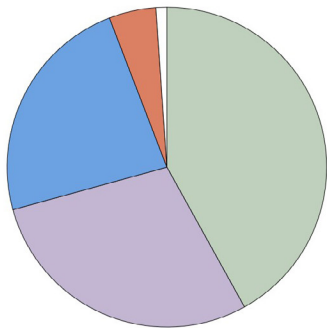
- ✓ Average length of treatment was 5 months.
- ✓ Youth & families received an average of 6 hours of treatment each month.

94% of families
completed treatment

Who do we serve?

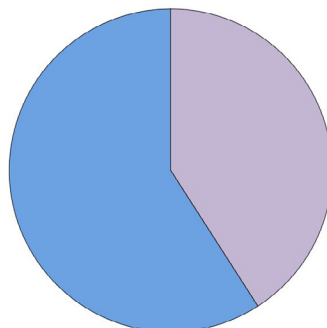
2021 Case Demographics*

Race/Ethnicity



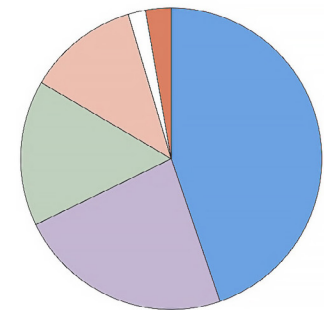
- 42% White non-Hispanic
- 29% Hispanic/Latino
- 23% African Am/Black
- 5% Mixed Race
- 1% Other

Gender



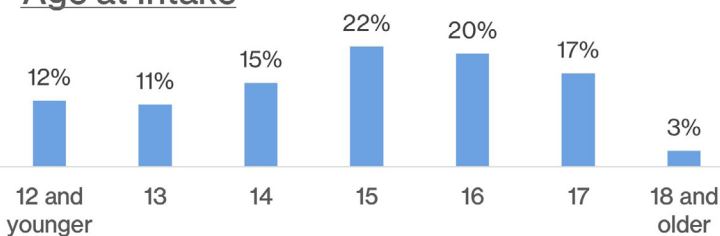
- 41% Female
- 59% Male

Family Structure



- 45% Single Parents
- 23% Two Parents
- 15% Blended/Step Family
- 12% Extended Family/Kinship
- 2% Foster Families
- 3% Other

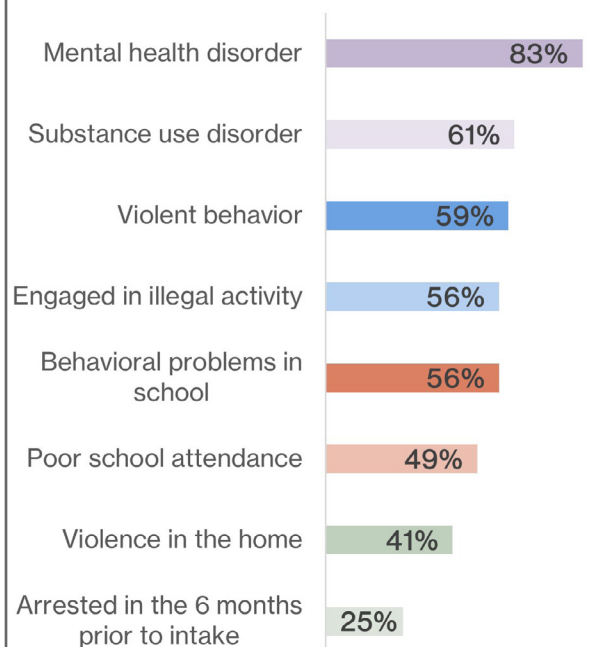
Age at Intake



Family Income



Indicators of Risk at Intake



MDFT Publications in 2021

- Nielsen, P., Christensen, M., Henderson, C., Liddle, H. A., Croquette-Krokar, M., Favez, N., & Rigter, H. (2021). Multidimensional family therapy reduces problematic gaming in adolescents: A randomized controlled trial. *Journal of Behavioral Addictions*, 10 (2), 234-243.
- van der Pol TM, Cohn MD, van Domburg L, Rigter H, Vermeiren R. R. J. M. (2021). Assessing the effect of multidimensional family therapy in adolescents on police arrests against a background of falling crime rates. A randomised controlled trial with 7-year follow-up. *Journal of Experimental Criminology*, 17, 597-609. doi.org/10.1007/s11292-020-09431-0

Training and Consultation

TRAININGS & WORKSHOPS

- ✓ 8 Introductory Trainings & 2 Workshops delivered
 - 12 CE hours offered through NASW & NAADAC
 - Average satisfaction rating of 4.57 (out of 5)
- ✓ 2 Introduction to Supervision trainings
- ✓ 1 training for MDFT agency-based trainers



1 WEBINAR

for the Connecticut legislature and stakeholders on MDFT & MDRR results and impact

140 NEW MDFT THERAPISTS TRAINED

29 NEW MDFT SUPERVISORS TRAINED

13 NATIONAL TRAINERS IN 7 STATES

California, Colorado, Connecticut, Florida, New York, Ohio & Wisconsin

14 AGENCY-BASED TRAINERS IN 9 STATES

California, Connecticut, Iowa, Nevada, New York, Ohio, Pennsylvania & Wisconsin

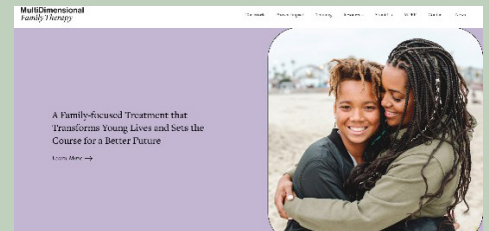
Interesting MDFT 2021 Facts

MDFT International engaged in a rebranding process to create a fresh look and more user-friendly materials. Manuals, fact sheets, and other documents have been updated with this cleaner style to be easier to navigate.



MultiDimensional
Family Therapy

The MDFT website was completely redesigned to be more functional, easy to use and optimized for mobile devices.



The MDFT training model was updated in response to trainees' feedback with additional virtual components and a more comprehensive approach.

MDFT Clinical Portal

The MDFT Clinical Portal started a thorough revamp to adapt to societal changes and improve measures and reports, as well as to address the needs of users and stakeholders.



Haley Weinger, BA

Two new Board members with experience in marketing, strategic planning and business development joined in 2021 to help MDFT International to continue to grow.



James Toney III, BS

2021 MDFT Agencies

1. Adkins Counseling, ID
2. Aiken-Barnwell CMHC, SC
3. Anesis Center for Therapy, WI
4. Anderson-Oconee-Pickens CMHC, SC
5. Arbor Place, WI *
6. Beckman Center for Mental Health, SC
7. Berkeley CMHC, SC
8. Boys & Girls Village, CT *
9. Council on Alcoholism and Drug Abuse (CADA), CA
10. Children's Aid Society (CAS), NY *
11. Catawba CMHC, SC
12. Child and Family Agency (CFA), CT
13. Charleston/Dorchester MHC, SC
14. Community Health Resources (CHR), CT *
15. Cincinnati Child Focus, OH
16. Connecticut Junior Republic (CJR), CT *
17. Community Mental Health Affiliates (CMHA), CT *
18. Coastal Empire CMHC, SC
19. Columbia Area CMHC, SC
20. Community Care of West Virginia, WV
21. Community Mediation Services (CMS), NY
22. D'Veal Family and Youth Services, CA
23. Exchange Family Center, NC
24. Frontier Health, TN
25. Greater Greenville CMHC, SC
26. Hope For Youth, NY *
27. Humboldt County Juvenile Services, NV
28. Lexington CMHC, SC
29. Lincoln Families, CA *
30. Lyon County, NV
31. NAFI Rhode Island, RI *
32. Oakland County Children's Village Respite, MI
33. Outreach Community Health Centers, WI
34. Orangeburg CMHC, SC
35. Outside In School, PA
36. Pee Dee Mental Health, SC
37. Pima County Juvenile Court Center, AZ
38. Riverside University, CA *
39. Santa Barbara Neighborhood Clinics, CA
40. Santee-Wateree CMHC, SC
41. Spartanburg CMHC, SC
42. Tri-County Community Mental Health, SC
43. United Community & Family Services (UCFS), CT *
44. University of Wisconsin, WI *
45. The Village for Families & Children, CT *
46. Waccamaw MHC, SC
47. Wheeler Clinic, CT *
48. YSS, IA *

* Multi-program / multi-site agencies