

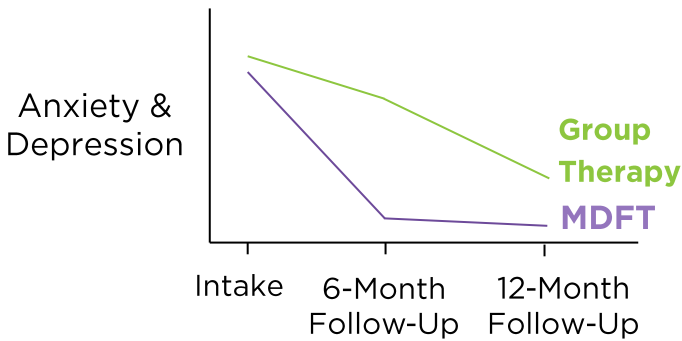


multidimensional
FAMILY THERAPY

MDFT OUTCOMES: MENTAL HEALTH

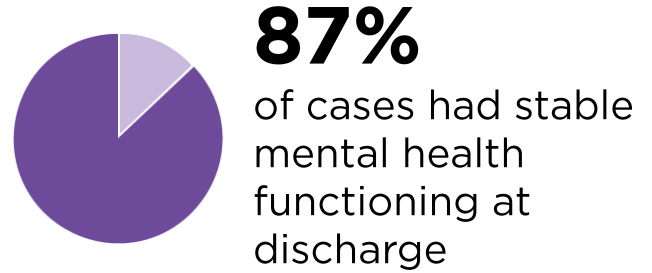
RESEARCH OUTCOMES

YOUNG ADOLESCENT STUDY



The Society of Clinical Child and Adolescent Psychology, a division of the APA, identifies **MDFT** as an **effective treatment**.

IN 2015 & 2016, OF 2,900 MDFT CASES...



23%
IMPROVEMENT
In mental health
functioning



43% of aggressive
REDUCTION and violent behavior

IMPACT ON COMMUNITY HEALTHCARE PROVIDERS



MDFT cases seen by Riverside County Department of Mental Health in 2015 saw a **77% reduction in mental health-related emergency room visits**.¹



MDFT cases seen in nearly two dozen sites in Connecticut in 2013 saw a **50% reduction in psychiatric hospitalizations**.²

1. RCDMH Research & Evaluation (2015). Multi-Dimensional Family Therapy: Full service partnership outcomes report. Riverside, CA.
2. CT DCF (2013). PSDCRS outcomes report for special population MDFT teams for FY 13. Hartford, CT: Department of Children & Families.