



multidimensional
FAMILY THERAPY

MDFT OUTCOMES: FAMILY FUNCTIONING

**IN 2015 & 2016,
OF 2,900 MDFT CASES...**

95% were violence-free
OF FAMILIES at discharge

82% had adequate to
OF FAMILIES highly effective
family functioning

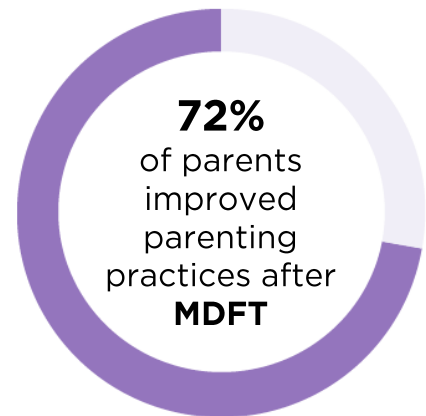


“ Before, we used to fight and hate each other, and she’d be screaming and going to her room. And now we fight and she then comes and says, ‘Mom, please tell me you love me.’ And I say, ‘Yes, I love you, I love you more than you think.’ And we sit down and discuss our problems without screaming and saying bad things to each other. ”

- MDFT Mom at University of Miami Clinic

RESEARCH OUTCOMES

CALIFORNIA STUDY



On 3 or more parenting practices	52%
On 2 or more parenting practices	62%
On 1 or more parenting practices	72%

YOUNG ADOLESCENT STUDY

