



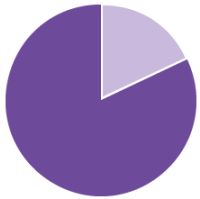
multidimensional  
FAMILY THERAPY

# MDFT OUTCOMES: CRIME & DELINQUENCY

**IN 2015 & 2016,  
OUT OF 2,900 MDFT CASES...**

**80%** rarely or never  
**OF CASES** engaged in illegal  
activities at discharge

there was an  
average  
**48%**  
**REDUCTION**  
in delinquency



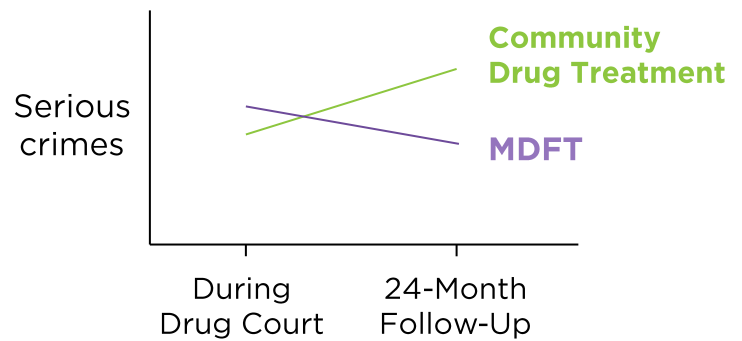
**82%** had no new  
**OF CASES** arrests during  
treatment

“ Multidimensional Family Therapy (MDFT) resulted in the greatest and most consistent improvements in adolescent substance abuse and associated behavior problems. ”

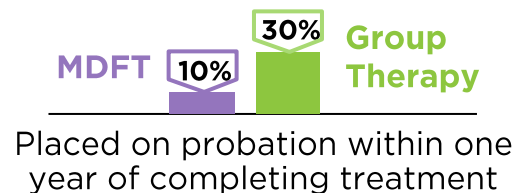
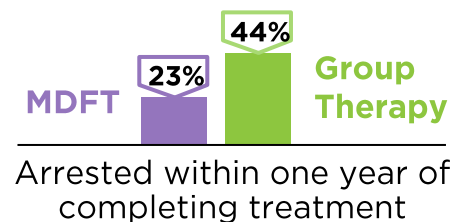
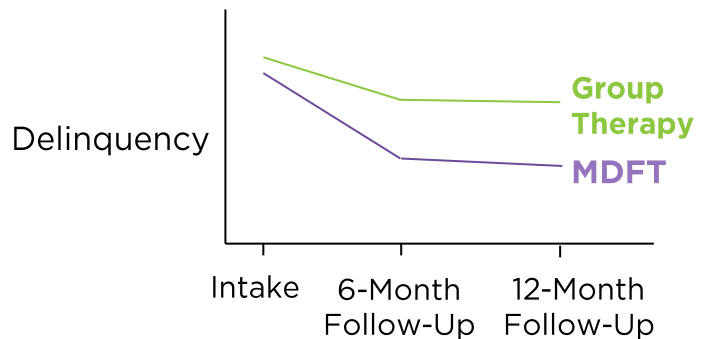
**CrimeSolutions.gov  
Program Profile  
National Institute of Justice**

## RESEARCH OUTCOMES

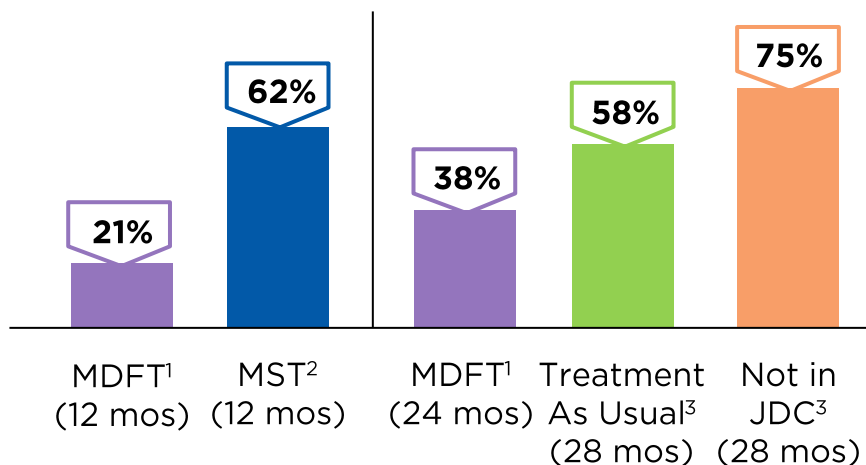
### JUVENILE DRUG COURT STUDY



### YOUNG ADOLESCENT STUDY



## REARREST RATES ACROSS 3 JUVENILE DRUG COURT STUDIES



1. Dakof et al (2015). *Journal of Family Psychology*, 29(2), 232-241.
2. Henggeler et al (2006). *Journal of Consulting and Clinical Psychology*, 74, 42-54.
3. Shaffer et al (2008). *Drug Court Review*, 6, 33-66.



Gives MDFT the highest rating of **'EFFECTIVE'** across multiple studies



Rates MDFT a **'MODEL'** treatment



Rates MDFT a **3.6 out of 4** for Quality of Research on delinquency

## MDFT STUDIES WITH JUVENILE JUSTICE-INVOLVED YOUTH (RCTs)

### JUVENILE DRUG COURT STUDY

Dakof et al (2015). *Journal of Family Psychology*, 29, 232-241.

### EUROPEAN STUDY

Schaub et al (2014). *BMC Psychiatry*, 14, 26.

### DETENTION TO COMMUNITY STUDY

Liddle et al (2011). *International Journal of Offender Therapy and Comparative Criminology*, 55, 587-604.

### YOUNG ADOLESCENT STUDY

Liddle et al (2009). *Journal of Consulting and Clinical Psychology*, 77, 12-25.

### PHILADELPHIA STUDY

Liddle et al (2008). *Addiction*, 103, 1660-1670.

### CALIFORNIA STUDY

Liddle et al (2001). *American Journal of Drug and Alcohol Abuse*, 27(4), 651-688.